

Quarterly Newsletter



INCLUSIVE EXETER

◆
Winter 2025



Welcome

Welcome to Our Newsletter!

Happy New Year! We hope 2025 brings you joy, success, and countless opportunities. Welcome to the latest edition of the Inclusive Exeter Newsletter! As a community-led organisation, we are thrilled to share updates about our activities, achievements, and exciting changes for the year ahead.

A Fresh Start at Southernhay

From 7th January 2025, all our services, including the Drop-In Support Service, English Conversation Group, and other activities, will now be running at Southernhay URC Church.

We would like to extend our sincere thanks to the Mint Methodist Church Centre and the Wonford Community and Learning Centre for hosting our Drop-In Support Service and English Conversation Group over the years.

These spaces have been invaluable in helping us connect with the community, build relationships, and create a welcoming environment for learning and support. Their support has played a significant role in our journey, and we deeply appreciate the memories and partnerships we've built there.

As we begin this new chapter, we invite you to visit us at our new location, Dix's Field, Exeter, EX1 1QA, and continue to join us for the same engaging services and programs. Stay connected to explore new opportunities and build meaningful connections in the heart of Exeter. We look forward to welcoming you at Southernhay URC Church!

Inclusive Exeter Team



Drop-in Service

Tuesdays & Thursdays
9:30 am - 1.30 pm

At Southernhay URC Church, EX1 1QD

Welcomes people from ethnically diverse backgrounds, whose first language is not English.

Get friendly, confidential and informal help with completing forms, dealing with utility companies or other public services.

We recommend you make an appointment if possible, as time can be restricted

07360 813133
admin@inclusiveexeter.org.uk



FREE

ENGLISH CONVERSATION GROUP

EVERY THURSDAY 12:30PM-2:00 PM
SOUTHERNHAY URC CHURCH

COME, JOIN OUR FRIENDLY GROUP

admin@inclusiveexeter.org.uk



Inclusive Exeter's 2025 - 2026

PHYSICAL ACTIVITIES

BADMINTON
WONFORD SPORTS CENTRE
SUNDAY 12 - 2 PM

WOMEN'S YOGA
SOUTHERNHAY CHURCH HALL
TUESDAY 12:30 - 1:30 PM
THURSDAY 11 AM - 12 PM

MARTIAL ARTS
WONFORD SPORTS CENTRE
SATURDAY 4:15 - 5:45 PM

VOLLEYBALL
RIVERSIDE LEISURE CENTRE
TUESDAY 6 - 7:30 PM

admin@inclusiveexeter.org.uk
mahsin.mahbub@inclusiveexeter.org.uk

Our Services and Activities

Drop-In Support Service

Our Drop-In Support Service assists people from ethnically diverse communities with various needs, including housing applications, Universal Credit applications, and more. We operate at the following location:

- Tuesdays and Thursdays: 9.30 a.m. to 1.30 p.m. at Southernhay URC Church, EX1 1QD

For more information, contact Neomi Alam at 07360813133 or neomi.alam@inclusiveexeter.org.uk.

English Conversation Group

Join us every Thursday from 12.30 to 2.00 p.m. at the Southernhay URC Church Hall for our English Conversation Group. This is a great opportunity to practise English and learn about British culture. For more information, contact : admin@inclusiveexeter.org.uk

Physical Activities

At Inclusive Exeter, we believe in the power of physical activities to bring communities together and improve overall well-being. Our diverse range of activities is designed to cater to various interests and fitness levels, promoting health and social cohesion.

- Badminton: Sundays 12 - 2 p.m. at Wonford Sports Centre. For more information, contact Emdad at 07534 188343 or Al-Amin at 07805 063426.
- Women's Yoga: Tuesdays 12:30 p.m. - 1:30 p.m, and Thursdays 11 a.m-12 p.m. at Southernhay URC Church Hall
- Martial Arts: Saturdays 4:15 p.m - 5:45 p.m. at Wonford Sports Centre. Open to everyone aged 6 and over. For more information, contact koman8964@gmail.com or call 07511 897954 / 07511 898939.
- Volleyball: Tuesdays 6 - 7:30 p.m. at Riverside Leisure Centre. For more information, contact Mahsin Mahbub at mahsin.mahbub@inclusiveexeter.org.uk.

Our Project and Achievements



The New Exonians Project

Launched in 2024 with the support of The National Lottery Heritage Fund, The New Exonians is a new initiative for Inclusive Exeter celebrating the diverse experiences of international communities in Exeter. Through storytelling, video documentaries, and community events, this project highlights the journeys of individuals from grassroots communities, showcasing their resilience, achievements, and cultural contribution.

This year, The New Exonians proudly features stories from:

- Filipino Community Association
- Exeter Malayalee Association
- Devon Bengali Association

These compelling video documentaries are showcased at respective community events and will later be presented to a wider audience, ensuring their inspiring stories reach beyond community boundaries.

By fostering understanding and connection, The New Exonians aims to enrich Exeter's multicultural fabric and inspire empathy across all communities.

Events under The New Exonians Project



Completed Event

- December 21, 2024: Filipino Community Association's - Christmas Celebration

Upcoming Event

- January 25, 2025: Exeter Malayalee Association's - Christmas & New Year celebration
 - June 2025: Devon Bengali Association's - Annual Community Gathering
-



Our Supporters



Better Connections Project

Launched on March 7, 2024, at Exeter's historic Guildhall, the Better Connections Project is a major initiative supported by a three-year grant from The National Lottery Community Fund. This project aims to foster stronger connections within

and between diverse communities in Exeter through support services, physical activities, and community events. By enhancing community cohesion, the project strives to improve the quality of life for all residents.

Events under Better Connections Project

Recent Events

- April 13, 2024: EKC Easter/Vishu/Eid Event
- June 30, 2024: Afghan Community Eid Reunion
- June 30, 2024: EKC Annual Sports Day
- July 21, 2024: Nigerian Community "Family Fun Day"
- July 27 & 28, 2024: Filipino Community Association "Sports Fest"
- August 2024: Devon Bengali Association's Community Picnic
- September 22, 2024: EKC Onam Celebration
- September 2024: Filipino Community Association's Family Fun Day
- October 20, 2024: Nigerian Community's Cultural Event
- October 27, 2024: All Souls Day St. Thomas
- January 12, 2025: Devon Bengali Association's Victory Day Celebration

Our Partners



Other Achievements

- Partnered with Studio 36 to host an upcoming event on April 5, 2025, showcasing the talents of ethnically diverse communities.
- Participated in the Active Devon Moving Community Conference workshop at Sandy Park, focusing on Designing and Delivering Inclusive Practice in Physical Activity & Sports.
- Assisted the Afghan community in the process of becoming a Community Interest Company (CIC).
- Supported the Exeter Hindu Cultural Centre with securing funding and a venue for their Navratri celebration.
- Helped the Sikh community secure funding for their Bandi Chhor Diwas celebration.
- Collaborated with the Romanian community on preparations for their Martisor Festival, set to take place in March.
- Supported the Turkish community in planning their Eid Community Gathering for March.
- Delivered a presentation at Devon County Council's Migration and Resettlement meeting in November.
- Presented at the Community of Practice event held at Exeter City Football Club in November and took on the role of chair for the upcoming meeting.
- Collaborated with Devon Community Foundation to distribute the Household Support Fund. Special thanks to their team for their invaluable support.

Call to Action










Interested in volunteering or supporting our initiatives? Visit our website or contact us at admin@inclusiveexeter.org.uk to learn how you can get involved.

Stay Connected

Stay updated with our latest news, events, and community stories by following us on social media. Join our vibrant online community to share your experiences, connect with others, and stay informed about what's happening with Inclusive Exeter. We love hearing from you! Share your stories, feedback, and suggestions by reaching out to us through our social media channels or email.

Thank you for being a part of our community. Together, we can make Exeter a more inclusive and connected place for everyone.

Thank you for reading!

 INCLUSIVE EXETER	 admin@inclusiveexeter.org.uk
 www.inclusiveexeter.org	 https://www.facebook.com/inclusiveexeter  https://www.instagram.com/inclusive.exeter  https://www.linkedin.com/in/inclusive-exeter-cic/  https://x.com/InclusiveExeter
