

Quarterly Newsletter



INCLUSIVE EXETER

◆
Summer 2024



BETTER CONNECTIONS LAUNCH

Welcome and About Us

Welcome to Our First Newsletter!

Welcome to the inaugural edition of the Inclusive Exeter newsletter! As a community-led organization, we are excited to share our activities, achievements, and upcoming events with you.

About Us

Inclusive Exeter CIC brings together groups and individuals from ethnically diverse communities across Exeter and beyond. We are committed to fostering better integration and reducing isolation through activities and events that celebrate diversity, build cross-cultural understanding, and strengthen community relationships.

We support grassroots groups and individuals by assisting

with planning, organizing, and delivering events, activities, and training. We also help people access mainstream services and benefits where language and cultural barriers can be an issue.

We are grateful for the support of Exeter City Council, Devon County Council, Devon Community Foundation, Citizens Advice Exeter, Sport England, and The National Lottery Community Fund.

Inclusive Exeter Team

In this newsletter you can expect:

Our Services

Activities

Our Project

Upcoming Events

Our Achievements

Thanks Note



Drop-in Service

Tuesdays - 9:30am - 12.30pm
At Wonford Community and Learning Centre, EX2

Wednesdays - 9:30am - 12.30pm
Thursdays - 9:30am - 12.30pm
At The Mint Methodist Centre, EX4

Welcomes people from Black, Asian and minority ethnic backgrounds, whose first language is not English.

Get friendly, informal help with filling in forms, dealing with utility companies or other public services.

We recommend you make an appointment if possible as time can be restricted.
☎ 07360 813133
admin@inclusiveexeter.org.uk



FREE

ENGLISH CONVERSATION GROUP

EVERY THURSDAY 12:30 PM
THE MINT METHODIST CHURCH

COME, JOIN OUR FRIENDLY GROUP

admin@inclusiveexeter.org.uk



Live & Move

PHYSICAL ACTIVITIES

WEEKLY SCHEDULE
2024 - 2025

- BADMINTON**
WONFORD SPORTS CENTRE
☐ SUNDAY ⌚ 12 - 2 PM
- WOMEN'S YOGA**
MINT METHODIST CHURCH
☐ TUESDAY ⌚ 11 AM - 12 PM
☐ THURSDAY ⌚ 1 - 2 PM
- MARTIAL ARTS**
WONFORD SPORTS CENTRE
☐ SATURDAY ⌚ 4 - 5:30 PM
- VOLLEYBALL**
RIVERSIDE LEISURE CENTRE
☐ TUESDAY ⌚ 6 - 7:30 PM

ADMIN@INCLUSIVEEXETER.ORG.UK
MAHSIN.MAHBUB@INCLUSIVEEXETER.ORG.UK

Our Services and Activities

Drop-In Support Service

Our Drop-In Support Service assists people from ethnically diverse communities with various needs, including housing applications, Universal Credit applications, and more. We operate at the following locations:

- Tuesdays: 9.30 a.m. to 12.30 p.m. at Wonford Community and Learning Centre, EX2 6NF.
- Wednesdays and Thursdays: 9.30 a.m. to 12.30 p.m. at Mint Methodist Church Centre, EX4 3AT.

For more information, contact Neomi Alam at 07360813133 or neomi.alam@inclusiveexeter.org.uk.

English Conversation Group

Join us every Thursday from 12.30 to 2.00 p.m. at the Mint Methodist Church for our English Conversation Group. This is a great opportunity to practise English and learn about British culture. For more information, contact : admin@inclusiveexeter.org.uk

Physical Activities

At Inclusive Exeter, we believe in the power of physical activities to bring communities together and improve overall well-being. Our diverse range of activities is designed to cater to various interests and fitness levels, promoting health and social cohesion.

- Badminton: Sundays 12 - 2 p.m. at Wonford Sports Centre. For more information, contact Emdad at 07534 188343 or Al-Amin at 07805 063426.
- Women's Yoga: Tuesdays 11 a.m. - 12 noon, and Thursdays 1-2 p.m. at Mint Methodist Church.
- Martial Arts: Saturdays 4 - 5:30 p.m. at Wonford Sports Centre. Open to everyone aged 6 and over. For more information, contact koman8964@gmail.com or call 07511 897954 / 07511 898939.
- Volleyball: Tuesdays 6 - 7:30 p.m. at Riverside Leisure Centre. For more information, contact Mahsin Mahbub at mahsin.mahbub@inclusiveexeter.org.uk.

Our Project and Achievements



Better Connections Project

Launched on March 7, 2024, at Exeter's historic Guildhall, the Better Connections Project is a major initiative supported by a three-year grant from The National Lottery Community Fund. This project aims to foster stronger connections within

and between diverse communities in Exeter through support services, physical activities, and community events. By enhancing community cohesion, the project strives to improve the quality of life for all residents.

Our Supporters



Thanks to The National Lottery Players



Events under Better Connections Project

Recent Events

- April 13, 2024: EKC Easter/Vishu/Eid Event
- June 30, 2024: Afghan Community Eid Reunion
- June 30, 2024: EKC Annual Sports Day

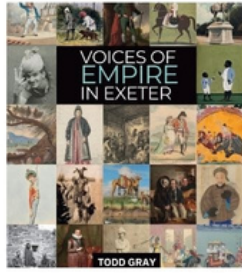
Upcoming Events

- July 21, 2024: Nigerian Community "Family Fun Day"
- July 27 & 28, 2024: Filipino Community Association "Sports Fest"
- August 2024: Devon Bengali Association's Community Picnic

- September 7, 2024: Talk by Dr. Todd Grey at Exeter Guild Hall
- September 22, 2024: EKC Onam Celebration
- September 2024: Filipino Community Association's Family Fun Day
- October 6, 2024: Nigerian Community's Cultural Event
- October 27, 2024: All Souls Day St. Thomas
- January 2025: EKC Christmas New Year Celebration
- January 2025: Devon Bengali Association's Victory Day Celebration

Our Partners





Other Achievements

- Forged links with North Devon Sunrise and Plymouth Hope.
- Assisted Devon Maternity Voices with digital surveys.
- Contributed to Exeter City Council's Equality, Diversity, and Inclusion peer review.
- Joined the Exeter Community Safety Partnership
- Held stalls at the Exeter Volunteer Fayre and Exeter Respect Festival.
- Participated in The Gathering at Exeter Library.
- Received the Lord Mayor's Commendation Award for services to the community.

Call to Action









Interested in volunteering or supporting our initiatives? Visit our website or contact us at admin@inclusiveexeter.org.uk to learn how you can get involved.

Stay Connected

Stay updated with our latest news, events, and community stories by following us on social media. Join our vibrant online community to share your experiences, connect with others, and stay informed about what's happening with Inclusive Exeter. We love hearing from you! Share your stories, feedback, and suggestions by reaching out to us through our social media channels or email.

Thank you for being a part of our community. Together, we can make Exeter a more inclusive and connected place for everyone.

Thank you for reading!

 INCLUSIVE EXETER	 admin@inclusiveexeter.org.uk
 www.inclusiveexeter.org	 https://www.facebook.com/inclusiveexeter  https://www.instagram.com/inclusive.exeter  https://www.linkedin.com/in/inclusive-exeter-cic/